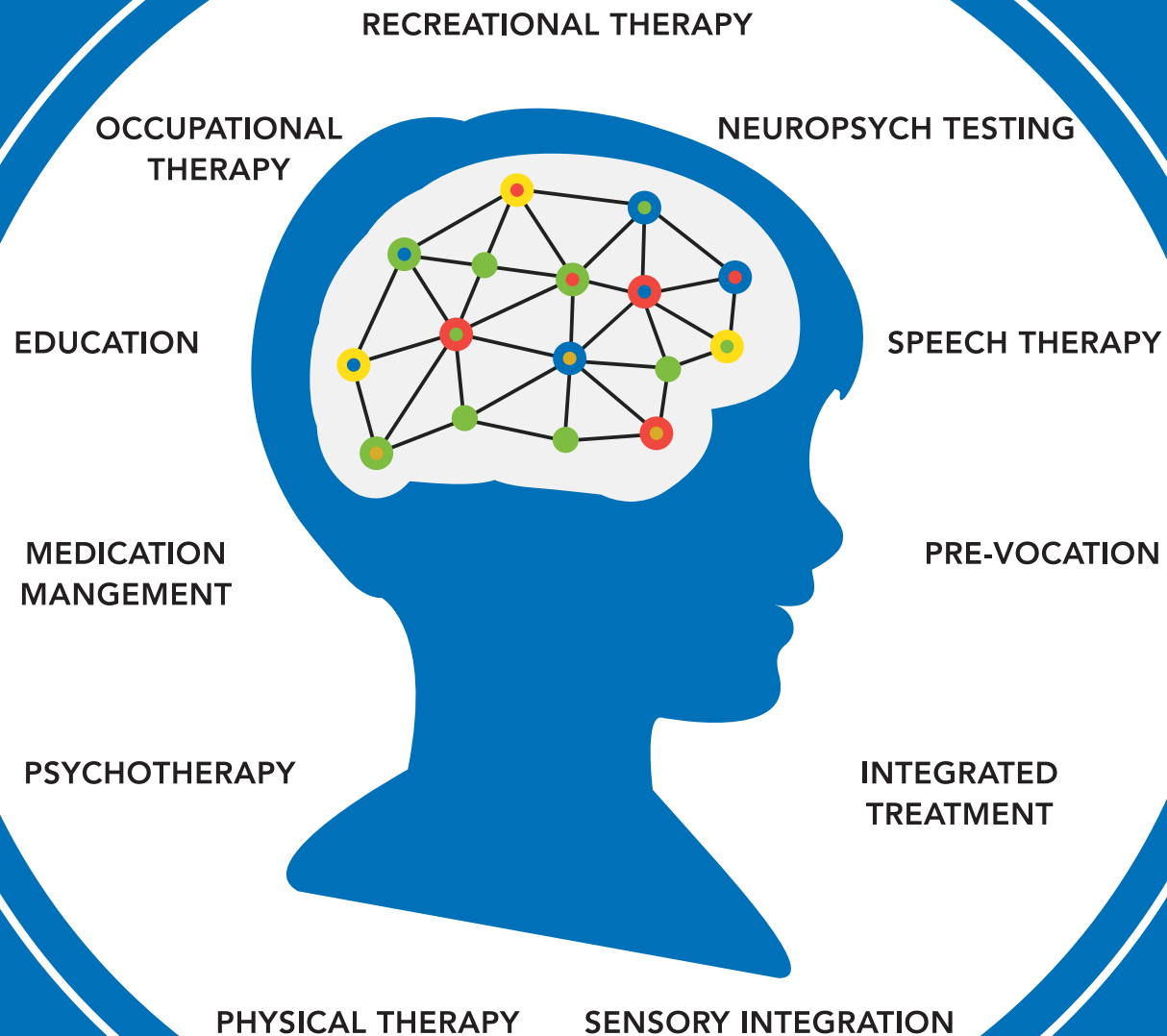


RESIDENTIAL NEUROBEHAVIORAL TREATMENT FOR CHILDREN AND ADOLESCENTS



T E X A S
NeuroRehab
C E N T E R

Where Special Kids Get Special Care



PROGRAM OVERVIEW

Texas NeuroRehab Center is a specialized medical and behavioral treatment facility on 67 lush acres just south of downtown Austin. Our program is designed for boys and girls, ages 8-17, with an IQ range or equivalent functioning level of 45-75. The children receiving treatment at Texas NeuroRehab Center typically display a combination of complex neurobehavioral, medical, learning and social challenges who have not had success with placements in their community. Our uniquely structured program is tailored to meet the needs of each child and their challenges. Each child follows a personalized treatment plan that has been customized following assessments determining strengths, needs, and treatment objectives.

Our team includes board certified child psychiatrists, neurologists, neuropsychologists, registered nurses, master’s level social workers, special education teachers, nutritionists, occupational, speech, physical and recreation therapists. It is through this approach that necessary developmental, social and independent living skills are learned. The primary goal is to bring your child to a desired functioning level that will lead to a successful integration into their family, school and community.

Today, Texas NeuroRehab Center is internationally known for improving the quality of life for many children, adolescents and adults, and will continue to provide the most innovative approaches to neurobehavioral healthcare.

COURSE OF TREATMENT

During the first week of admission, your child will undergo a series of comprehensive assessments. Each examination pinpoints individual characteristics, abilities and areas of improvement. These evaluations are used to formulate the treatment plan, guide the treatment and begin to establish recommendations for discharge. Components of the assessment may include: Cognition, Education, Medical, Neuropsychological, Nutrition, Psychiatric, Physical, Occupational, Sensory, Speech and Language as well as Recreation.

Our Cognitive Behavioral Approach incorporates treatments from the interdisciplinary team. Data-based decisions drive the development and on-going evaluation to ensure significant and meaningful progress is being made. This approach focuses on reducing and eliminating undesirable behaviors, allowing new skill acquisition and improved relationships. As a parent and caregiver, you will be taught the same procedures and strategies so you can continue using these successful techniques when your child returns home.

REFERRAL PROCESS

Every referral is thoroughly reviewed by our clinical team. Clinical information should come from recent hospitalizations and/or current treatment providers such as their psychiatrist or therapist. Our fax number to submit clinical information is 512-462-6749. Once clinically approved, we verify insurance or other funding sources to confirm our services are a covered benefit. Typically, all treatment is covered by insurance. You will be notified of any estimated out of pocket expenses determined by co-insurance and annual deductible amount. We will submit for authorization from your funding source when we are ready to admit. Once we receive this authorization, we will schedule your child’s admission.

**Due to the high demand of our program, there is often a waitlist for admission.*

EDUCATION

All students attend Charter School through The University of Texas at Austin. Classes have a small student to teacher ratio including a special education teacher, teacher’s aide and rehab technician. They provide the maximum amount of individual instruction at each student’s pace. In addition, there is a reading lab, computer lab, library, woodshop, pre-vocational training area and kitchen. The school provides transcripts, individual education plans, report cards, diplomas and graduation ceremonies. Credits are transferrable, and our teachers will communicate with your child’s home school program as necessary.



SPECTRUM DISORDERS

Many children come to us with sensory integration deficits which impact functioning at the most basic level. We have a full sensory gym on campus, developed by occupational therapists that have over 35 years of experience working with sensory processing deficits that accompany spectrum disorders. The goal of our specialty program is to master basic functional routines that will lead to increased self-care and independent living. These routines allow staff to measure progress. Once a child masters a targeted skill, they move onto another.

Texas Neuro Rehab Center is licensed by the Texas Department of State Health Services as a Psychiatric Hospital. The Texas Department of Family and Protective Services as a Residential Treatment Center and accredited by the Joint Commission.

FUNDING

Contracted Sources with Neuro Institue of Austin, L.P. dba Texas NeuroRehab Center.

- Aetna Behavioral Health Care
- Blue Cross Blue Shield
- CIGNA Behavioral Health Care
- United Behavioral Health

Contracted states include

FREQUENTLY ASKED QUESTIONS

Where are you located?

1106 Dittmar Road, Austin, Texas 78745.
The 67 acre campus is 10 minutes south of downtown Austin in a residential area.
Our toll free number is 800-252-5151.

What is your visitation policy?

We consider family involvement essential in this process. We want to strengthen the relationship between you, your child, their community and other support systems. The individual/family therapist and/or nurse will coordinate family visits. Those arranging visits should give consideration to the importance of scheduling and the structure of the program. All visitors must check in at the Administration building and obtain a visitor's badge to be on campus.
On campus visits occur in an off unit family room or visitor area outside. This allows convenience and safety for families and less disruption on the living unit. Off campus passes can be scheduled by your therapist ahead of time and may be level dependent. A physician's order is required for all off-campus passes. Child and caregiver therapy sessions can be easily coordinated and scheduled with our therapists during your visit.

How will I be updated on my child's progress?

You will be contacted weekly by a designated therapist. Additionally, monthly progress meetings are held via teleconference with your child's clinical team. They will review overall behavior, participation in the program, therapeutic and educational goal attainment.

How do you plan for discharge?

We begin discussing discharge at admission and adjust throughout your child's treatment as progress is made. Expectations of all parties involved with the child or adolescent, especially those of potential discharge locations, are considered. While discharge to the least restrictive setting as possible is the primary goal, the ultimate goal is to discharge to a healthier, stronger child with more control over their behaviors and increased self-esteem.

What kind of recreation do you provide?

Our campus is filled with lush trees, fields of grass, multiple playground areas, a ROPES course, swimming pool, gym and sports courts. Daily activities utilize all parts of the campus. Recess at the playground, nature walks, swimming and outdoor games are routinely facilitated and monitored by staff. Additional activities throughout the year include field day, carnivals, dances, science fairs, cultural enrichment activities, pet therapy, holiday celebrations, community outings and many other recreational activities.



What if my child gets sick?

Each unit has a nurse on site 24/7 to oversee their physical welfare. In addition, a physician's assistant is on campus daily to attend, as needed to minor medical issues, cold and flu symptoms, etc. Our on-campus pharmacy can quickly fill most medication needs so there is little delay in beginning treatment. If a child requires specialized medical services or has a medical emergency, the unit nurse will make all necessary arrangements and you will be notified immediately. We have contractual agreements with local hospitals for patient transfers.

How do you handle medications?

Our philosophy is to reduce medication to the minimum dosage necessary. Our focus is developing personal coping skills for long-term behavioral control.

How are staff trained?

All staff go through a rigorous orientation and training program before they work on the unit. All staff are certified in CPR, First Aid and a two day course in conflict resolution and crisis management. We provide ongoing training on the latest topics and techniques to ensure we are delivering the best possible treatment and care. All therapists and clinicians hold licensures in their respective disciplines and attend hours of continuing education yearly.



TRANSPORTATION & ARRIVAL

It is important a parent or guardian accompany the child for admission. If you are flying from out of state, we will assist in coordinating travel to Austin Bergstrom International Airport. We will arrange transportation from the airport to our facility. Please allow 45 minutes for transport and approximately two to three hours at the facility. This initial meeting fosters a mutual understanding of ideas, goals and expectations for everyone involved and opens a strong line of communication. If you are going to stay overnight, we will recommend local hotel accommodations.



REQUIRED DOCUMENTATION

(NEEDED ON OR BEFORE DAY OF ADMISSION)

- _____ Birth Certificate (copy)
- _____ Social Security Card
- _____ Insurance Card (if applicable)
- _____ Immunization Records
- _____ IEP
- _____ Custody Papers (if applicable)

OPTIONAL

- _____ Pictures in plastic frames or albums
- _____ One to two small toys
- _____ Stationary for writing home to friends and family
- _____ Books, magazines
- _____ Items to personalize room, such as a pillow or blanket from home
- _____ Toiletries or hygiene supplies (these are provided)

WHAT NOT TO BRING

- _____ Expensive items (anything over \$25)
- _____ Irreplaceable or sentimental, one of a kind items
- _____ Electronics of any kind
- _____ Western, pointed-toe, or steel-toe shoes or boots
- _____ Food items
- _____ Anything glass or in glass containers
- _____ Clothing which must be dry cleaned or requires special care
- _____ Sharp items (pocket knives, razors, tools, scissors, etc.)
- _____ Gang jackets, clothing with chains, or military/police uniforms
- _____ Skateboards or bikes
- _____ Clothing hangers
- _____ Athletic equipment
- _____ Sexually or violently explicit materials

WHAT TO BRING

- _____ At least a 7-day supply of clothing, machine washable in hot water
- _____ Undergarments
- _____ Swimsuit/shorts
- _____ Socks, preferably cotton
- _____ Pajamas, bathrobe, and bedroom slippers
- _____ Athletic (tennis) shoes-without laces
- _____ Flip flops or shower shoes
- _____ Extra pair of eyeglasses (inexpensive) and a copy of the most recent eyeglass prescription
- _____ Inexpensive wristwatch
- _____ Phone Card/Calling Card for long distance phone calls out of facility

Monday-Friday Schedule

7:00-7:30am	Wake Up & Organize Room	8:30-10:30am	School & Therapies	1:00-2:45pm	School & Therapies	5:00-5:30pm	Dinner
7:30-8:00am	Hygiene & Goals Group	10:30-10:45am	Mid-Morning Snack	2:45-3:00pm	Afternoon Snack	5:30-7:00pm	Activity on Unit
8:00-8:30am	Breakfast & Meds	10:45-12:30pm	School & Therapies	3:00-4:00pm	School & Therapies	7:00-7:30pm	Evening Snack & Meds
		12:30-1:00pm	Lunch	4:00-4:30pm	Transition	7:30-8:00pm	Hygiene Routines
				4:30-5:00pm	Goals Group	8:00-9:00pm	Evening Program
						9:00pm	Bedtime

Weekend Schedule

8:30-9:00am	Wake Up & Organize Room	11:30-12:30pm	Lunch	5:30-6:00pm	Dinner & Meds
9:00-10:00am	Breakfast & Meds	1:00-2:30pm	Therapeutic Activities	6:00-7:30pm	Movie Night or Book Club
10:00-11:00am	Hygiene & Goals Group	2:30-3:00pm	Afternoon Snack & Leisure	7:30-8:00pm	Hygiene Routines
11:00-11:30am	Leisure Activity & Fitness Challenge	3:00-4:30pm	Life Skills Community Group	8:00-8:30pm	Evening Snack & Leisure
		4:30-5:30pm	Goals & Social Skills Group	8:30-9:30pm	Evening Routines
				9:30pm	Bed

Morning

Mid-Morning

Afternoon

Evening

Morning

Afternoon

Evening



***"Where Special Kids
Get Special Care"***

TESTIMONIAL

"We will never forget this entire experience and the individuals who eased our minds, we knew he was safe, a level of trust was established immediately. UT Charter far exceeded our expectations based on our experiences with our district. It was surprising to find teachers and management staff who worked together so closely to ensure all educational needs of a child, with a disability or mental illness, are met. The teachers were knowledgeable, eager to provide information, and good listeners. The transitions throughout the day between teachers was pure genius! The support staff maintained continuity, seamlessly followed the teacher's lead but at the same time had the expertise to take independent initiative. We are eternally grateful for the tireless effort that has been invested. You have forever changed the path of a child who has been misunderstood. The positive changes in his life during this educational journey will impact our family for years to come. Thank you is not enough, but thank you, thank you, thank you".

-Stephanie

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**ADMISSIONS 1. 800. 252. 5151
FAX 1. 512. 462. 6749**

**1106 WEST DITTMAR ROAD
AUTIN, TEXAS 78745**

WWW.TEXASNEUROREHAB.COM